



Indian Council of  
Social Science Research

## National Seminar



Institute of Development Studies

### Ageing with Dignity: Emerging Socio-Economic and Health Challenges in India

February 26-27, 2026

**Sponsored by:** Indian Council of Social Science Research (ICSSR), New Delhi, Ministry of Education,  
Govt. of India

**Venue:** Institute of Development Studies, Jaipur (IDSJ), Rajasthan – 302004, India

#### Program Schedule

#### Background

Globally, demographic change – decreasing fertility level and increasing life-expectancy – is taking place with variation in its pace for different societies. Nevertheless, India's is not exception in terms of demographic shift, but the shift is drastic for the India's case as rapidly increase in ageing population—those aged 60 and above are projected to account for over 20% of the total population by 2050. This significant change brings with it complex challenges related to the economic security, health, and social well-being of older adults. Notwithstanding various government programs and policies aimed to assist older adults, however, literature suggests that gaps still persist in the implementation, accessibility, and awareness. Many older adults, especially women and those from rural or underprivileged strata, continue to remain in poverty, social isolation, poor healthcare, and insufficient age-friendly infrastructure. Also, the fact that older women often have to deal with the worst effects of economic and health disparities emphasises for more scholarly and policy attention.

Although ageing is a natural process, guaranteeing that it is accompanied by economic stability, physical and mental well-being, and meaningful social interaction is a difficult task in the large and heterogenous population structures developing countries, like India. Particularly in terms of autonomy, inclusion, and access to care and support, it is vital to look beyond longevity and concentrate on the quality of those extra years as healthcare and life expectancy have advanced. This two-day national seminar aims to explore the multifaceted aspects of ageing in the Indian context, with a special focus on the socio-economic and healthcare frameworks required to ensure a dignified life for the elderly.

Research Papers were invited under sub-themes on the ageing population in India related to:

- Socio-Political and Philosophical Perspective on Ageing with Dignity;
- Economic and Social Security;
- Health and Well-Being;
- Evolving Family Relations, Caregiving Dynamics;
- Institutional Support, Legal Framework and Policy Initiatives in India;
- Role of Self-Help Groups (SHG), Civil Societies, NGOs & Private Sector for individuals helping in Ageing with Dignity in India;
- Age-Friendly Environment and Infrastructure across both Private and Public Spheres;
- Impacts of Migration, Displacement, Climate Change;
- Intersectional Vulnerabilities and Marginalisation Among Older Adults.

## Patron

### **Prof. Sanjay Lodha**

Director [I/C]

Institute of Development Studies, Jaipur (IDSJ)

## Convenor

### **Dr. Harchand Ram**

Assistant Professor

Institute of Development Studies, Jaipur (IDSJ)

## About the Institute

Established in 1981 as an autonomous organization, IDS Jaipur is supported by the Indian Council of Social Science Research (ICSSR) and the Government of Rajasthan. It aims to understand development processes and challenges, focusing on the problems faced by marginalized sections and hinterlands. It has a multi-disciplinary approach in its research activities and provides a platform for various stakeholders to discuss developmental issues. The Institute emphasizes the study of growth processes, the impact of public interventions like poverty reduction and employment generation programs, and participatory efforts by voluntary organizations.

**Address:** 8B Jhalana Institutional Area, Jhalana Doongri, Jaipur, Rajasthan – 302004

**Website:** <https://www.idsj.org/>

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## Program Schedule

Day-1 [26 February 2026]

Registration

09:00 am to 9:30 am

### Inaugural Session

09:30 am to 11:00 am

<b>Welcome:</b>	<b>Dr. Harchand Ram</b> , Faculty member, IDS Jaipur
<b>About the Institute:</b>	<b>Dr. Motilal Mahamallik</b> , Faculty member, IDS Jaipur
<b>Guest of Honor:</b>	<b>Shri Ashish Modi</b> , IAS, Director & Joint Secretary, Social Justice and Empowerment Department, Govt. of Rajasthan
<b>Guest of Honor:</b>	<b>Prof. Sanghmitra Sheel Acharya</b> , Professor, Centre of Social Medicine and Community Health, JNU New Delhi
<b>Keynote Speaker:</b>	<b>Prof. K. L. Sharma</b> , President, Indian Gerontological Association
<b>Chair:</b>	<b>Prof. Sanjay Lodha</b> , Director, IDS Jaipur
<b>Vote of Thanks:</b>	<b>Dr. Golam Rabbani</b> , Faculty member, IDS Jaipur

Tea Break

11:00 am to 11:30 am

### Technical Session – 1

11:30 am to 01:00 pm

#### Socio-Political and Philosophical Perspective on Ageing with Dignity

Chair:	<b>Prof. Anand P Ambali</b> , Department of Geriatrics, Shri B M Patil Medical College Hospital and Research Centre, Vijayapura, KA
Co-Chair:	<b>Dr. Taniya Malik</b> , Indian Law Institute (Deemed to be University), New Delhi

1. Metaphysical Ideals and Material Realities: A Critical Analysis of Ageing in India; **Dr. Manish Sinsinwar**; *Department of Philosophy, University of Rajasthan*
2. Ageing among Persons Engaged in Cleaning Occupations in India-Issues and Concerns towards 'Leaving No One Behind'; **Prof. Sanghmitra Sheel Acharya**; Centre of Social Medicine and Community Health, Jawaharlal Nehru University, New Delhi
3. Feminisation of Ageing and Living Alone: Solo Ageing as Necessity or Choice?; **Ms. Medhavi Gupta**; *Department of Sociology, Delhi School of Economics, University of Delhi*
4. Religion, Health Perceptions, and Ageing: Is India in need of reforms?; **Dr. Kshipra Jain**; *Department of Economics, University of Rajasthan, Jaipur*

Lunch Break

01:00 pm to 02:00 pm

**Technical Session – 2****02:00 pm to 03:15 pm****Economic and Social Security among Older Adults in India**

Chair: **Prof. Sanghmitra Sheel Acharya**, Centre of Social Medicine and Community Health, School of Social Sciences, JNU New Delhi

Co-Chair: **Dr. Golam Rabbani**, IDS Jaipur

5. Labour Market Vulnerabilities Among Elderly Women in India: An Intersectional Analysis Using PLFS Data; **Dr. Neha Paliwal**; *Economics, Mohanlal Sukhadia University, Udaipur*
6. Gender Disparities in Socioeconomic Vulnerability and Their Impact on Well-being of Older Adults in India; **Dr. Ravi D. Prasad**; *Population Research Centre (PRC), Pune*
7. Social Security for Person with Disabilities: Evidence from Census and NSS Data; **Ms. Sonam Chandani and Dr. Pankaj Kumar Soni**; *Department of Economics, BHU Varanasi*
8. Family Care-giving Shifts: Evolving Intergenerational Support - Migration's Impact on Elderly Caregiving in India; **Dr. Santosh Phad**; *GIPE, Pune*

**Prof. V. S. Vyas Memorial Lecture****3:15 pm to 4:30 pm****Title: Public Policy Process in India: Issues of Governance**

Speaker: **Prof. Ramesh K. Arora**, Chairperson, Management Development Academy, Jaipur

Chair: **Prof. Sanjay Lodha**, Director, IDS Jaipur

**Tea Break****04:30 pm to 04:45 pm****Technical Session – 3****04:45 pm to 06:15 pm****Health and Well-Being among Older Adults in India**

Chair: **Prof. Minaketan Behera**, Centre for Informal Sector and labour Studies, School of Social Sciences, Jawaharlal Nehru University, New Delhi

Co-Chair: **Dr. Kshipra Jain**, University of Rajasthan

9. Healthy ageing among rural elderly – our model of health services; **Dr. Anand P Ambali**; *Department of Geriatrics, Shri B M Patil Medical College Hospital and Research Centre, Vijayapura, BLDE Deemed to be University*
10. Increasing the risk of falls among older adults in India and its associated factors; **Dr. Rushikesh P Khadse**; *Centre for Distance and Online Education, International Institute for Population Sciences, Mumbai*
11. Socio-economic and Household Determinants of Physical and Mental Health in Later Life; **Dr. Jitendra Gupta**; *Community Medicine, Symbiosis Medical College for Women, Symbiosis International (Deemed University), Lavale, Mulshi, Pune*
12. Aging and Vulnerabilities: Looking Through the Lens of Mental Health Challenges; **Dr. Gobinda C. Pal**; *Indian Institute of Dalit Studies (IIDS), New Delhi*

**Dinner****07:30 pm to 08:30 pm**

**Technical Session – 4**

**09:00 am to 10:15 am**

**Institutional Support, Legal Framework and Policy Initiatives in India**

Chair: **Dr. Varinder Jain**, Institute of Development Studies (IDS), Jaipur  
Co-Chair: **Dr. Monika Rao**, University of Rajasthan

13. Ageing with Dignity in India: An Analysis of Institutional and Legal Safeguards; **Ms. Poonam Yadav & Prof. Minaketan Behera**; *Centre for Informal Sector and Labour Studies, School of Social Sciences, Jawaharlal Nehru University, New Delhi*
14. Old-Age Pensions as a Right or Policy Grace? An Evaluation of Old-Age Social Assistance Schemes in India; **Dr. Taniya Malik**; *Indian Law Institute (Deemed to be University), New Delhi*
15. Emerging Nursing Care Challenges for the Ageing Population in India: A Literature Review Using Narrative Literature; **Dr. Devnarayan**; *Department of Nursing, Indira Gandhi National Tribal University, Amarkantak, Madhya Pradesh, India*
16. Impact of Multimorbidity on Labor Force Participation in India: Evidence from LASI; **Ms. Isha Tanwar**; *Department of Economics, Manipal University Jaipur*

**Technical Session – 5**

**10:15 am to 11:30 am**

**Intersectional Vulnerabilities and Marginalisation Among Older Adults**

Chair: **Dr. Motilal Mahamallik**, IDS Jaipur  
Co-Chair: **Dr. Manish Sinsinwar**, University of Rajasthan

17. No Work, No Worth? Ageing and Social Abandonment of Retired Sex Workers in Nat Community in Rajasthan, India; **Dr. Hemraj P. Jangir**; *Model Rural Health Research Unit, Jaipur, National Institute for Implementation Research on Non-Communicable Diseases, ICMR, Jodhpur*
18. A Study on the Awareness of Financial and Healthcare Welfare Schemes Among the Elderly in West Bengal; **Mr. Md Abdul Aziz**; *Department of Humanities and Social Sciences, Visvesvaraya National Institute of Technology, Nagpur*
19. Ageing, Healthcare Access, and Care Practices among Tribal Elders in Fifth Schedule Areas of Odisha; **Mr. Saswat Kumar Pradhan**, *Jawaharlal Nehru University, New Delhi*
20. The 'Empty Nest' Phenomenon and Elderly Well-Being in India: Evidence from LASI Wave I; **Ms. Ravina Ranjan**; *School of Social Sciences-Centre for the Study of Regional Development, Jawaharlal Nehru University, New Delhi*

**Tea Break**

**11:30 am to 11:45 am**

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**Family Relations, Caregiving Dynamics and Ageing in India**

Chair: **Prof. Kanchan Mathur**, former Professor, IDS Jaipur  
Co-Chair: **Dr. Devnarayan**, *Department of Nursing, Indira Gandhi National Tribal University, Amarkantak, Madhya Pradesh, India*

21. Addressing Social Isolation and Loneliness in Rural Older Adults: Early Outcomes from a Community-Based Group Intervention; **Ms. Neha Muralidharan**; *Community Health, Omayal Achi Community Health Centre, Chennai, Tamil Nadu*
22. Road Traffic Injuries and Health Well-Being among Older Adults in India: Risks, Outcomes and Care Challenges; **Mr. Chandrika Prasad Verma**; *Centre of Social Medicine and Community Health, School of Social Sciences, Jawaharlal Nebru University, New Delhi*
23. Loans, Social Pensions and Satisfaction: An Analysis Using Longitudinal Ageing Study in India (LASI) Data; **Ms. Rakhi Jangir**, *Central University of Rajasthan, Ajmer*
24. Beyond the Double Burden: Lifetime Work Participation and Health Outcomes among Older Women in India; **Ms. Kavita Bangarwa**; *Government PG College, Manglana*

**Valedictory Session**

01:00 pm to 1:40 pm

**Seminar Report:** **Dr. Varinder Jain**, Faculty member, IDS Jaipur  
**Chair:** **Prof. Sanjay Lodha**, Director, IDS Jaipur  
**Valedictory Address:** **Prof. Som Deo**, former Professor at Economic Administration and Financial Management (EAFM), University of Rajasthan, Jaipur  
**Vote of Thanks:** **Dr. Harchand Ram**, Faculty member, IDS Jaipur

*Lunch***1:40 pm - 2:40 pm**

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